

Specialist ADHD Nursing Service  
Complex Health & Paediatric Therapy  
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[www.derbyshcft.nhs.uk/children](http://www.derbyshcft.nhs.uk/children)

**Children and Young People's  
Specialist ADHD Nursing Team & Community  
Paediatrics Service (for ADHD)  
Pre- Diagnosis**

**Information booklet**

**ADHD**

There are many disorders that are encompassed in a Neurodevelopment condition. However, for the purpose of this booklet we refer to Attention Deficit Hyperactivity (ADHD) only.

**In the case of emergency or urgent presentation:**

**Emergency** behavioural, emotional, or mental health needs should be directed to the Children's emergency department at the Royal Derby hospital.

**An emergency is** where the child or young person is presenting with an immediate threat to their safety or well-being (for example acute presentations of self-harm, acute psychosis or medically unwell).

Where the child or young person is threatening or compromising the safety and well-being of others ring the **emergency services on 999.**

**Out of hours** urgent but not an emergency for behavioural, emotional or mental health needs should be directed to the out of hour's services or by ringing 111.

**An urgent need** means there is no direct, immediate risk to safety or well-being. Out of hours services are usually after 17:00 to 09:00 weekdays and weekends including bank holidays. Out of hours services can be contacted by ringing your GP service and following the instructions on the recorded message.

**Within office hours you should consider contacting the most appropriate services as detailed in the information booklet.**

# Specialist ADHD Nursing Service

## What we do

We carry out assessments to consider if the child / young person may have a Neurodevelopmental condition. This entails us having a range of information from home and school; this is normally collected before your referral is accepted by us. Sometimes we still require some additional information so please try and get this back to us promptly as the assessment will be delayed without it.

We currently have a waiting list and there will be a delay in your assessment. We are doing everything we can to continue to offer appointments and get down our waiting times as much as we can. We will contact you to carry out a waiting well call, this will consist of a safety assessment, which will help us to better understand any needs you have whilst waiting for your appointment with us. We will do our best to sign post you to services that may help you during your wait for assessment. (we have also put some of this at the bottom of this booklet).

We carry out a lot of background work before we meet with you face to face, so please bear with us. An assessment normally consists of us gathering information from home and school and scoring and analysing this information.

You may receive an appointment to bring your child / young person for a QB-test. This is a test that helps to provide us with an objective result. Not all children and young people going through assessment will be asked to have a QB-test, so please do not be concerned if this is not part of your journey.

We work with the Community Paediatricians for diagnosis & treatment. In some circumstances you may be on the pathway with one of us but be asked to see the other, this just means we are working together to ensure we get the correct information, and we continue work in partnership with other staff from other trusts and Organisations to endeavour you and your child/ young person receives the best care available.

# Community Paediatrics

## What we do

We assess children who have a range of conditions including possible neurodevelopmental disorders, developmental impairment, and complex physical and sensory disabilities. We deliver services to safeguard and protect children, including urgent assessments of possible child maltreatment and rapid response to unexpected child death. We provide specialist services for children and young people with Special Educational Needs and for Children in Care and Adoption.

## Our Service

The community paediatric service provides a consultant-led secondary level service for a wide range of conditions relating to children. Services are delivered locally through general and specialist paediatric outpatient clinics in both Derby City health centre sites and Derbyshire County health centre sites, in mainstream and special schools and nurseries, and in the Ronnie MacKeith Child Development Centre based at the Derbyshire Children's Hospital.

Services are provided by a team of paediatricians with skills and expertise in behavioural and developmental paediatrics, neuro-disability, social and educational paediatrics. Clinicians work in a range of settings including outpatient clinics, schools, health centres, children's centres, and children's own homes.

Referrals are received from a broad range of sources, including universal services, primary care, secondary care children's services, social care services, education, and police.

The community paediatric department aims to provide services as close to the child's home or school as possible. There are close links with local authorities, education services and social care departments to ensure that children with additional needs receive as much help as possible to reach their full potential.

## Children may be referred to our service for the following reasons:

- Developmental concerns in preschool children
- Neurodevelopmental concerns (i.e., possible autism spectrum disorder or attention deficit hyperactivity disorder)
- Children with complex Neurological disabilities
- Poor educational progress in school age children if a medical or neurodevelopmental cause is suspected
- Clumsiness/coordination problems if a referral is felt to be necessary following paediatric therapy assessment

## **We provide the following services:**

- Provision of health advice for statutory Education, Health and Care assessments as requested by the local authority
- Safeguarding referrals from social care services or police
- Statutory children in care / adoption work
- Rapid response requests from police

**Referral mechanism:** Single point of access- On line

**Referrals are accepted from:** GPs, health visitors, school nurses and specialist nurses, paediatric therapists, other medical consultants (e.g., CAMHS, hospital-based paediatricians), local education authorities, social care services and police.

## **Other agencies and support contacts:**

### **Safeguarding concerns:**

If you are concerned that a child is suffering or is at risk of significant harm, please contact Call Derbyshire on tel: 01629 533190 immediately.

### **Starting Point (County):**

Self-refer for social care or Multi- Agency support. Contact: 01629 533190

### **Early help assessment (City):**

Where needs are emerging or low level, individual services and universal services may be able to meet these needs, take swift action and prevent those needs escalating. Agencies who identify the emerging needs of a child and their family should complete the Early Help Assessment (EHA). If you are a parent / carer and feel you need an early help assessment to support, you and your family – ask school to do an early help assessment.

Where the support for a child, young person and their family requires the involvement of more than one agency, a Team around the Family (TAF) should be convened. The TAF should include the appropriate agencies who may contribute to a TAF Plan, for example:

- School pastoral teams
- School health
- Behaviour support service

- Education psychologist
- Police safer neighbourhood team
- CAMHS

The Team around the family should meet regularly to review the progress made and the outcomes achieved.

Where there are issues identified that warrant support from a multi-agency team (MAT) the completed early help assessment (EHA) should be sent to Starting Point and the request for support should be completed. It should include any actions already undertaken and why these needs cannot be met by universal services.

## **School Health/ Nurse**

Every school has a named link school nurse. Your school will be able to give you their contact details.

To request a referral into the school nursing service, please complete the School Nurse Referral Request Form and submit it by emailing [dmh-tr.ChildFamily-Derby@nhs.net](mailto:dmh-tr.ChildFamily-Derby@nhs.net).

School health can support with a range of health and emotional concerns and where appropriate they may discuss with you about referring to other agencies.

## **SEND (Special Education & Disabilities) & Education concerns**

If you are concerned about your child meeting their full potential at school, you should discuss this with the school staff and the school's Special educational needs co-ordinator (Senco). If you do not feel you can discuss these issues with school, you may wish to consider involving Parent Partnership.

## **SENDIAS- (Derby Send Information Advice and Support Service)**

This service provides free legally based confidential accessible information, advice and support for children the young person and the parents and carers. Your child does NOT need a formal diagnosis to receive this services support.

The Derby City contact is : 01332 641414 or text 078000005190

The Derbyshire contact is: 01629 533660

Please note this is not an exhaustive list of support however each one should be able to signpost you to a more appropriate service should they not be the most appropriate at the time.

### **Local SEND information and services**

For further information about services within your local area please look at

The local offer for Derby is

<https://www.derby.gov.uk/education-and-learning/special-education-needs-disabilities/>

Derbyshire local offer is

<https://localoffer.derbyshire.gov.uk/#!/directory>

For more information, please visit our website:

[www.derbyshirehealthcareft.nhs.uk/services/childrens-complex-health-derby-and-southern-derbyshire/adhd-nursing-service](http://www.derbyshirehealthcareft.nhs.uk/services/childrens-complex-health-derby-and-southern-derbyshire/adhd-nursing-service)